44th ANNUAL CONGRESS AND INSTRUCTIONAL COURSE  
30 AUGUST – 1 SEPTEMBER 2013  
KWA MARITANE BUSH LODGE  
PILANESBERG, NORTH WEST PROVINCE

SCIENTIFIC PROGRAM

FRIDAY 30 AUGUST 2013

1000–1600  Trade Exhibitor Set-up in Exhibiting Area

1330–1400  Delegate Registration

SESSION 1  MACROMED WORKSHOP
“New Horizons in Locking Technology”  Scott Wolfe
1400–1600  KinematX Wrist Hemiarthroplasty
CarpalFix Implants for Four Corner Fusion
CarpalFix for PIP Joint Fusions
XMCP Implants for Thumb MP Fusion

1630–1830  Evening Game Drive (optional)

Evening  At leisure – dinner in Restaurant

SATURDAY 31 AUGUST 2013

0730–0750  Delegate Registration
0750–0800  Welcome and Announcements  Michael Carides

SESSION 2  CHAIR: JOHAN VAN DER WESTHUIZEN
0800–0810  Thumb CMC Arthritis Treatment by Trapeziectomy and Haematoma  Martin Wells, A
Ikram,  
Distraction using the Mini Tightrope: 2 Year Results  C Anley, S Pretorius
0810–0815  Discussion
0815–0825 Total Elbow Arthroplasty: A Comparison of Cementing Technique and Post Operative Range of Motion between Triceps–detaching and Triceps–sparing Approaches
Rob Dachs, D Chivers, M Fleming, B Vrettos, S Roche
0825–0830 Discussion

0830–0840 Using Sense Substitution to Enhance Sensory Retraining after a Peripheral Nerve Injury
Evanthia Pavli, C van Velze
0840–0845 Discussion

0845–0855 The “Solomons” Sign in TB Wrist
Michael Solomons
0855–0900 Discussion

0900–0910 Ultrasound Diagnosis of Carpal Tunnel Syndrome
Erich Mennen
0910–0915 Discussion

0915–0925 A Novel Technique for Scapholunate Ligament Reconstruction using the Arthrex Mini Tightrope
Steve Carter
0925–0930 Discussion

0930–0940 A Randomised Trial Comparing Locked Intramedullary Fixation with Anatomically Contoured Locked Plating of Clavicle Shaft Fractures
Reggie King, A Ikram
0940–0945 Discussion

0945–0955 Reconstruction of the ‘Unreconstructable’ Median Nerve Defect
Michael Solomons, M Maree
0955–1000 Discussion

1000–1030 TEA

SESSION 3 CHAIR: MARTIN WELLS
1030–1040 Restoring Elbow Extension in Tetraplegic Upper Limb Reconstruction
Francois deV Theron, H Myburgh, E Mennen, M Skeen, W Mann, M Winterbach
1040–1045 Discussion

1045–1055 Complications of Locked Volar Plating for Distal Radius Fractures in an Academic Institution
James Watt, A Ikram
1055–1100 Discussion
Anatomy of the Baboon Hand

Erich Mennen

Traumatic Finger Amputations: Experience at the CH Baragwanath

George Oduah, George Biddulph, MT Ramokgopa

Fragment Specific Fixation: Which Fractures is it indicated for?

Mari Thiart, A Ikram

A Prospective Randomised Controlled Study to Determine the Radiological and Functional Outcomes of “IMN” Fixation of Distal Radius Fractures using a Novel Device, the Sonoma Wrx Distal Radius Nail compared to Volar Locking Plate

Mark van der Kaag, A Ikram

An Atypical Presentation of Glomus Tumour mimicking Medial Epicondylitis

Michael Solomons

A Retrospective Study to Evaluate the Efficacy of Treating Non-unions, Un-nailable and Un-plateable Fractures of the Humerus with a Taylor–spatial Frame

Karl Strauss, S Pretorius

Factors influencing the Compliance of Post-operative Rehabilitation of Flexor Tendon Injury

George Oduah, R Wentzel, T Spark, G Biddulph, MT Ramokgopa
SESSION 5  CHAIR: ANDREW BARROW
1530–1550 Lupotriquetral Ligament Injuries
      Alexander Shin
1550–1600 Discussion
1600–1620 Scapholunate Instability
      Greg Bain
1620–1630 Discussion
1630–1700 Annual General Meeting (members only)
1930 for Congress Dinner
2000

SUNDAY 1 SEPTEMBER 2013

0730–0750 Delegate Registration

SESSION 6  CHAIR: MICHAEL SOLOMONS
0800–0820 Current Concepts in the Treatment of Scaphoid Non-union
      Alexander Shin
0820–0830 Discussion
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Chair</th>
<th>Speaker</th>
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<tbody>
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<td>0830</td>
<td>SLAC Wrist: New Directions for an Old Problem</td>
<td>Scott Wolfe</td>
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<td>0900</td>
<td>SYMPOSIUM: Brachial Plexus Injuries</td>
<td>Alexander Shin</td>
<td>Scott Wolfe</td>
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<td>SESSION 7 CHAIR: MICHAEL CARIDES</td>
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<td>1030–1050 Distal Radius Fractures – A Personal Journey</td>
<td>Alexander Shin</td>
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<td>1050–1100 Discussion</td>
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<td>1100–1120 1–2 Year Results of Midcarpal Wrist Hemiarthroplasty</td>
<td>Scott Wolfe</td>
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<td>1120–1130 Discussion</td>
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<td>1230–1330 LUNCH</td>
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<td>1330</td>
<td>SESSION 8 CHAIR: ERICH MENNEN</td>
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<td>1330–1430 Ethics Lecture: “Ethics in the Emergency Setting”</td>
<td>Efraim Kramer</td>
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<td>1430–1450 Ulna Sided Wrist Pain</td>
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<td>1500–1520 Arthritis of the Wrist</td>
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<td>1530–1545 Current Concepts in the Treatment of Kienbock’s Disease</td>
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<td>1555 Announcement of the Stratmed Prize for Best Research and The Macromed Barry O’Kelly Memorial Prize</td>
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<td>Closure of Congress</td>
<td>Erich Mennen</td>
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